e-news

October 2012

Events

12-15 October
The American Society for Bone and Mineral Research (ASBMR) Annual Meeting
Read more

16 October
Read more and register

1 November
Join us in celebrating the first year of AIMSS and the launch of the AIMSS-Mayo Clinic Travelling Scholars Program
Read more and RSVP

1 November
Seminar: The role of exercise, diet and cellular therapies in the prevention and treatment of chronic disease
Read more and register

Awards

Pazit Levinger awarded Early Career Research Presentation Award

Congratulations to Pazit Levinger who was awarded the Best Early Career Research Presentation Award at the 18th Annual Scientific Meeting of the Australian New Zealand Orthopedic Research Society for her work of

Reasons for referral to bone densitometry in men and women aged 20 – 49 years: population-based data

Published in Archives of Osteoporosis
Torpy AMJ, Brennan SL, Kotowicz MA & Pasco JA

Osteoporosis poses a significant public health problem for ageing Australians. However, approximately 25 % of Australian adults aged 20–49 years have osteopenia, a precursor condition to osteoporosis. Despite this, little is known about bone density testing in this age group.

Read more

A comparison of treadmill and overground walking effects on step cycle asymmetry in young and older individuals
“Lower limb biomechanical changes that impair gait performance following total knee replacement surgery”

Belal Khan awarded Clinical Research Excellence Award

Another high-flyer was Belal Khan, who was awarded the MSD-ANZBMS Clinical Research Excellence Award at the 1st Asia-Pacific Bone and Mineral Research Meeting and the ANZBMS 22nd Annual Scientific Meeting for his work on “Long term high dietary calcium intake and its association with fractures and cardiovascular events in a population based prospective cohort study” Read more

What does it mean to be getting older for sedentary and active older adults?

Abstracts from the World Congress of Active Ageing
Addamo PK, Borkoles E, Polman R

Being physically active throughout life has implications on how well we age. How individuals conceptualise the implications of their active or sedentary lifestyles on the aging process is poorly understood. This work aims to address this issue and provide insights into how to help inactive older adults to be more active and maintain their quality of life.

Read more

Active or sedentary? The perceived implications of a lifestyle

Abstracts from the World Congress of Active Ageing
Addamo PK, Borkoles E, Polman R

Regular physical activity offers a range of physical, psychological, and social benefits which may ultimately enable maintained independence and quality of life. However, many older adults in the Western world are insufficiently active.

Read more